



## HOW YOUR CHILD CAN BENEFIT FROM DANCING:

- Develops fine & gross motor skills
- Improves physical fitness – a fun enjoyable form of physical activity.
- Develops coordination, flexibility, balance, agility, strength & stamina & encourages children to move safely & creatively.
- Allows expression of emotions through movement.
- Increases self esteem & confidence.
- Encourages children to become co-operative and sociable.
- Promotes a love and understanding of music.



Ballet, tap and modern dance classes for Ages 3yrs and up.

Contact Marianne Bankovic for more information.

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[www.dancetheatreoforange.com.au](http://www.dancetheatreoforange.com.au)